Being an Effective Team Player: Course Synopsis

In the modern workplace, the most common and preferred structure for undertaking work is the team. Teams are unique entities, which make high demands on individual performance, require adaptation to integrated working styles, and offer wide-ranging advantages to their members. Being an Effective Team Player provides you with the tools, skills and insights necessary to contribute fully and comfortably to outstanding team outcomes.

This course begins by defining teams, and exploring their unique potential capabilities. We then consider how to make them as cohesive and productive as possible. Throughout, we will engage with a number of classic team challenges and functions, including managing conflict, delegation and decision-making.   Being an Effective Team Player will help you to develop the communication and interpersonal skills necessary to contribute effectively to your team, and to influence positive outcomes.

Upon successful completion of this course, participants will be able to:

- Differentiate between 'groups' and 'teams';
- Recognise the unique properties and benefits of the team structure;
- Explain that characteristics which enhance team cohesion and performance;
- Recognise and respond appropriately to the contexts of problem solving and decision making, delegation, performance monitoring and conflict;
- Promote open communication and networking within their teams;
- Contribute productively and comfortably to their team; and
- Influence positive outcomes.

The target audience for this course is two-fold: it has been designed to meet the needs of graduates, and other high-potential employees who may be looking to maximise their contribution to teamwork and enhancing collective outcomes.

Course duration: 1 day

(may be scaled up to 2 days, through the inclusion of additional context-specific skills development activities)

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